

AVESTA PERSIAN GRILL

11165 Westheimer Road Houston, Texas 77042



Fresh Baked Bread and Sabzi (Parsley, Basil, Feta Cheese and Cucumber) included in all entrees.

Appetizers

All appetizers made in-house from scratch daily

TAHDIG 5.99

Rice crust (when available) topped with your choice of stews Gheimh or Ghormeh Sabzi

PERSIAN HUMMUS 5.99

Mashed garbanzo beans, tahini, olive oil, lemon juice, ground cumin, and garlic

KASHKE BADEMJAN 6.49

Fried Pureed eggplant, mint, ground walnuts, caramelized onion, creamy yogurt mixed kashk (Whey)

BORAN BADEMJAN 6.49

Fried Pureed eggplant, garlic, mint, ground walnuts, caramelized onion and creamy yogurt

BABA GHANOUSH 5.99

Smoked eggplant with Tahini, lemon juice & garlic

FALAFEL 5.99

Chickpeas, onion, parsley, garlic, spices, deep fried

STUFFED GRAPE LEAVES 5.99

Grape leaves stuffed with rice, garlic, parsley, tomato and house blend spices

MAST KHIAR 5.99

Yogurt mixed with cucumber and herb

MAST MUSEER 5.99

Our rich and creamy yogurt mixed with dried Shallots

FRENCH FRIES 4.99

Thinly sliced potatoes, seasoned and fried to perfection.

PLAIN YOGURT 5.99

Our home-made creamy yogurt, rich and delicious

SPECIAL HERB PLATE 5.99

Feta cheese, walnuts, fresh herbs, red onion, tomatoes & cucumbers

TORSHI 3.99

A mixture of marinated herbs and vegetables, carefully aged in vinegar and spices

ROASTED GARLIC & JALAPEÑO 3.99

Chopped Jalapeño mixed with garlic, olive oil and balsamic vinegar

Soup & Salads

Freshly chopped vegetables with homemade Persian dressings

LENTIL SOUP 3.99

SHIRAZI SALAD 6.49

Diced tomatoes, cucumbers, and red onion mixed with dry mint

CAESAR SALAD 6.49

Heart of romaine lettuce, sesame seeds, croutons parmesan cheese, tomatoes and our special Caesar Dressing

GREEN SALAD 6.49

Iceberg lettuce, tomato and cucumber

SPRING SALAD 6.49

Mixed of baby lettuces greens, radicchio, tomatoes, cucumbers and red onion.

TABOULEH SALAD 6.49

Fine chopped parsley, bulgur wheat, tomatoes, cucumber, mint, lemon & olive oil.

Stews, Curries and Vegetarians

GHORMEH SABZI 13.49

Mixture of sautéed herbs, parsley, fenugreek leaves, chunks of beef, and kidney beans, saffron rice.

GHEYMEH BADEMJAN 13.49

Beef, split peas, dried lemon, tomato sauce, crispy slivered potatoes, Eggplant, saffron rice.

FESENJOON 13.99

This rich stew is both nutty and tangy. Its made with pomegranate and walnut puree and has a smooth and creamy consistency. Tender pieces of boneless chicken saffron colored rice.

VEGETARIAN FALAFEL PLATE 12.99

Falafel ,grilled vegetables , dill and fava bean rice

VEGETARIAN DELIGHT 1 12.99

Shirazi Salad, Grilled Vegetables, Mast Khiar with fluffy basmati rice in one plate.

VEGETARIAN DELIGHT 2 12.99

Grape leaves, Falafel, grill vegetables with fluffy basmati rice in one plate.

VEGETARIAN DELIGHT 3 12.99

Special tomato sauce, onion, eggplant & sour grapes, grilled vegetables with Fluffy white basmati rice in one plate.

CHICKEN CURRY 13.99

Grilled chicken tenders in rich tomato butter cream sauce. Served with cherry rice.

SHRIMP CURRY 15.99

Grilled jumbo Shrimp in rich tomato butter cream sauce . Served with cherry rice.

VEGETARIAN CURRY 12.49

Our rich homemade tomato butter cream sauce . Served with cherry rice

SPINACH AND CHEESE CURRY 12.99

Spinach and cheese cooked in a creamy sauce, garlic, dill and fava bean rice.

Specialty Rice & No Rice Salad Substitution

ZERESHK RICE 3.49

Rice mixed with barberries

DILL RICE 3.29

Rice mixed with dill and fava beans

CHERRY RICE 3.49

Cranberry, pistachios, slivered almonds and cherry syrup.

SPRING SALAD 3.29

TABOULI SALAD 3.29

GRILLED VEGETABLES 1.29

SHIRAZI SALAD 3.29

GREEN SALAD 3.29



AVESTA

All Kabobs are served with Saffron colored basmati rice and grilled tomato
If served with 1/2 rice and 1/2 salad, \$2.29 extra, Salad No Rice \$3.29 extra

Beef Kabobs

*SOLTANI KABOB 18.99

Flat tender slices of beef fillet, ground beef, skewered and charbroiled to perfection

*BARG KABOB 15.99

Flat tender slices of beef fillet, skewered and charbroiled to perfection

*CHINJEH SHISH KABOB 15.49

Chunks of beef fillet skewered and charbroiled with grilled vegetables

*CHINJEH SULTANI KABOB 18.59

Chunks of beef fillet, ground beef and charbroiled to perfection

KOOBIDEH KABOB 12.29

Seasoned ground beef mixed with grated onions, rolled around skewer & grilled to perfection

Lamb Kabobs and Lamb Stews

LAMB SHANK 14.29

Slow cooked leg of a lamb with special herbs, cooked to perfection, served with dill rice (Baghali polo).

KHORAKE BADEMJAN 15.99

Lamb shank with special tomato sauce, onion, eggplant & sour grapes

*LAMB SHISH KABOB 14.29

Lamb fillet, skewered and charbroiled with grilled vegetables

*LAMB SULTANI KABOB 18.49

Lamb fillet & skewer of ground beef charbroiled to perfection, dill rice (Baghali polo)

*LAMB CHOPS KABOB. MARKET PRICE

Lamb chops, marinated and charbroiled to perfection, served with dill rice (Baghali polo).

Chicken Kabobs

CHICKEN SULTANI 16.79

Combination of chicken chinjeh and skewer of chicken koobideh

CHICKEN CHINJEH KABOB 13.99

Saffron marinated chicken tenderloin breast white meat

CHICKEN BONELESS KABOB 12.99

Saffron marinated chicken thigh dark meat

JOOJEH KABOB 13.99

Marinated pieces of Cornish hen in lemon juice, olive oil, onion, garlic and saffron

CHICKEN KOOBIDEH KABOB 12.29

Ground (leg & breast) of chicken mixed with special spices and charbroiled

Seafood Kabobs

*SALMON 15.99

Chunks of salmon fillet, seasoned with lemon saffron sauce and flavored with butter. Served with dill fava bean rice and grilled vegetable.

SHRIMP KABOB 15.99

Jumbo Shrimps, seasoned with lemon saffron sauce and flavored with butter. Served with dill fava bean rice and grilled vegetable.

*SEAFOOD COMBO 15.99

Chunks of Salmon and Shrimp served with dill fava bean rice and grilled vegetables

FISH FILLET 14.79

Fillet of fish breaded and fried, Served with dill fava bean rice and grilled vegetable.

Avesta Combination Plates

*ROYAL PLATTER FOR SIX 92.99

Chicken Sultani, chicken Kabob, Joojeh kabob, beef Koobideh, Sultani and Chenjeh Sultani. Served with grilled Vegetables and three flavors of rice: basmati rice, Cherry rice, dill and fava bean rice

KOOBIDEH COMBINATION 12.49

Beef koobideh and chicken koobideh saffron basmati rice

*SHISH KABOB COMBO 13.99

Chicken tenderloin, chunks of beef fillet saffron basmati rice and grilled Vegetable

SALMON AND CHICKEN COMBO 15.29

Salmon and chicken chinjeh kabob dill fava bean rice and grilled vegetables

CHICKEN SULTANI COMBO 16.79

Chicken Chinjeh and skewer of beef koobideh

LAMB SHISH KABOB COMBO 13.99

Lamb fillet, chicken tender, saffron basmati rice and grilled vegetables.

Beverages

SOFT DRINKS 2.49

Coke, Diet Coke, Sprite, Fanta, Lemonade, Dr Pepper

PERSIAN HOT TEA 2.49

COFFEE 2.49

PITCHER OF DOOGH 8.59

DOOGH (YOGURT SODA) 2.99

PERRIER SPARKLING WATER 2.49

MANGO LEMONADE 2.99

MANGO LASSI 3.59

ORANGE JUICE 2.99

Desserts

BAKLAVA 6.49

Rich, Sweet pastry, made of layers of filo pastry, filled with chopped nuts and sweetened with syrup

NEW YORK CHEESE CAKE 6.49

PERSIAN ICE CREAM 6.49

Homemade ice cream with saffron, rose water, cardamon and almond

Side Orders

PERSIAN BREAD 1.29

FESENJAN 4.99

FETA CHEESE 4PC 1.60

CURRY BUTTER SAUCE 3.59

GRILLED VEGETABLES 2.49

CURRY SPINACH SAUCE 3.99

GRILLED ONION 1.99

SAFFRON BASMATI RICE 3.49

GHEIMEH 4.29

ZERESHK RICE 5.50

GHORMEH SABZI 4.29

CHERRY RICE 5.50

DILL & FAVA BEAN RICE 4.99

Prices and Availability Subject to Change without Notice.
A customary gratuity of 18%
will be added to parties of 5 or more guests.